



FABRIC FACE

MASK

INSTRUCTIONS

Supplies Needed:

- a 6 inch cut of fabric (6" x 12" should be enough)
- 1 yard of 1/4 inch elastic

Pattern is from Burda Style and can be found [here](#).

[Demo video for mask](#)

Step 1: CUT OUT THE PATTERN AND FABRIC

Cut out a size Large or XL on the face mask paper pattern. Then fold fabric in half, with the right sides together. Pin the paper pattern to the fabric. Cut out on the marked lines. Then repeat with the other pattern piece.



Step 2: STITCH TOGETHER

Remove the paper pattern, but leave the fabric pieces together.

Stitch the pieces together along the curved seam with a $\frac{3}{8}$ inch seam allowance.

Then trim the seam allowances. You can also cut triangles into the curve to allow it to lay better on your face. Important: Do not cut into the seam. Repeat with the lining fabric.

Then press the allowances open.



Optional Step: TOPSTITCH THE CENTRE SEAM

Stitch to each side of the centre seam on all pieces (outer mask, lining and filter) spaced 2 mm (a scant ($\frac{1}{8}$ ")) next to the pressed open seam allowances. This will make the seam lie flat.

Step 3: DOUBLE THE MASK

Match up the inside and outside pieces of the mask together, making sure that the center seam is matched up. Pin the upper edge of the mask together. Stitch with a $\frac{3}{8}$ inch seam allowance.

Repeat with the bottom edge of the mask.

Turn the mask right side out, (pretty side out) and press the upper and lower edges flat.



Step 4: TOPSTITCH

Stitch $\frac{1}{8}$ to $\frac{1}{4}$ inch away from the upper edge of the mask, from one side to another.

Step 5: CONSTRUCT A CASING FOR THE ELASTIC

On the sides of the mask, fold the top and bottom edges down $\frac{3}{8}$ inch. Press.

Then fold the side edge $\frac{1}{4}$ inch and then fold again $\frac{1}{2}$ inch. Press. Stitch along the outside edge of this fold you just made.



Step 6: INSERT THE ELASTIC

Cut the elastic into two equal pieces. (about 7 inches should work) Use a safety pin to insert the elastic through the side casings. To do this, attach a safety pin to each side of the elastic. Attach safety pin to the mask and use the other to feed the elastic through. Overlap the ends for a proper fit and stitch to secure.

