

Lanyard Directions

Step 1

Using the cutting board, draw with pencil/pen a piece of fabric that is 3" wide and 36" long

Step 2



Press in half, wrong sides together. You can see the crease here where I pressed.

***What does press mean?? - it means to iron!*

Step 3



Open back up and fold outer edge into the crease. Press. Do this for both outer edges.

Step 4



Fold together and press. The *raw edges* should be tucked inside.

Step 5



Open up one end, wrong side up. Fold back the end about 1/2" and press.

Refold the entire lanyard.

Step 6



Slide on a key ring.

Step 7



Place the fabric flat on a table (wrong side up) and open up the ends.

Step 8



Refold and flatten. Use your fingers to hold this in place.

Head to your machine.

Step 9



Place the lanyard in your machine so the needle is about 1/2" before the opening/fold that you just created. The open edge should be sewn first (so it's to the right).

Sew all the way around the open/right edge of your lanyard until you've reached your starting point using an 1/4 inch seam allowance. Which is the inside of the presser foot. Stop there with your needle down.

Step 10



Lift your foot, turn the lanyard. and sew across the fold/joining seam.

Then lift your foot, pivot and sew along the other side of the lanyard.

Step 11



Take your lanyard out and find the joining seam. Move your hook and key ring down to the seam.

Step 12



You are now going to sew across the lanyard to hold the key ring in place.

The secret to doing this well is to run the right side of your foot up along the ring/hook, move your needle to the right (if you can), and start sewing IN THE MIDDLE.

Sew forward to the edge, then in reverse, then back to the middle. Starting and stopping in the middle hides the thread tails.



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